Welcome to dance via ZOOM!

The dance world is buzzing on how to adapt, mutate and evolve to keep dance classes alive. This is what we have learned about virtual classes to make them a fulfilling dance experience. We need dance for physical and mental health, but most of all we need dance for JOY. Below are some tips on how to zoom.

Joining a ZOOM

• When joining your Zoom class your username MUST BE your First and Last name. This is so the teacher can easily recognize you and for the safety of everyone in the zoom.

• Once you are admitted into the meeting from the Zoom Waiting Room, you should start your video immediately. When you enter the Zoom meeting, your microphone is muted by default. You will be able to unmute, but please only do so when directed by the teacher. Please try not to be late so we can all start on time :)

• Use zoom language! Thumbs Up/Down, are great to use instead of speaking. Teachers will establish what gestures work for them for their class. Use the chat feature for questions and any tech issues.

While taking class from home

• Get dressed for dance class! More than ever, having students dressed appropriately in tight yet comfortable clothing helps ensure that teachers can see proper body alignment.

• Provide a safe place to take class. Be sure the space is free from obstacles that could be dangerous, and that the floor is safe. A piece of plywood is an excellent option for tapping!

• Plug in your device/computer for class. Taking a class via Zoom uses a lot of battery, try to be plugged in! And if you have the ability to view your computer/iPad/phone thru an HDMI cable hooked to a larger TV (to function like a monitor) that is a great help for learning and being able to stand further back.

• Supervise younger dancers. Students in Kindergarten or younger must have an adult in the room at all times.

• Internet Check: If you have devices that can turn off wifi while you are in “class”, disable wifi on those devices. Taking a few devices off the wifi will make it function much better!

• Placement of camera: Be sure the teacher can see your whole body and there is plenty of light so you can be seen.

• Most important- DON’T QUIT. We can figure out most problems! Can’t wait to dance with you :)